



Riverside's Minute to win it

Briefing : 5min

Activity : Can select only a few or can make up a full 2,5 hour Competition

Group 5-30

Indoor or outdoor

This Famous activity is a sure crowd pleaser as it is designed to get everyone participating and trying out the wacky but fun and engaging activities to see which team can emerge victorious . Team activities are designed to be challenging but are suitable for all activity levels and build great team spirit and healthy team competition. There will be much cheering and laughter as teams get into the activities and learn who secretly has talents they never knew they had !

Activities include the following:

<ul style="list-style-type: none"> ✓ Iron Man ✓ Face the cookie ✓ Defying Gravity ✓ Balloon Cup ✓ Bottle Shake ✓ Moving on up ✓ This Blows ✓ Glass road trucker ✓ Spin Doctor 	<ul style="list-style-type: none"> ✓ Yank Me ✓ Pink Elephant ✓ Spoon Frog ✓ Rapid Fire ✓ Cappuccino ✓ Switch hero ✓ Office / Garden Tennis ✓ Topsy (Can) ✓ Nutstacker sgl/dbl 	<ul style="list-style-type: none"> ✓ Nutstacker plate 8 ✓ Suck it up ✓ Ping Tac Toe ✓ Horse play ✓ Uphill battle ✓ Ready Spaghetti ✓ Baby Rattle ✓ Separation Anxiety ✓ Magic Carpet ride
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“Riverside’s Amazing Race”



Preparation & Briefing 10 - 15 min

Activity 2 – 2,5 hrs Depending on group size

Group 10-50

Outdoors

Teams compete in this interactive challenging teambuilding which comprises a series of physical and mental challenges. Each team accumulates points as it goes on to see which team will gather the most points and emerge victorious. Challenges and activities can be selected to match the activity levels of the team. This is a great outdoor activity with people having to apply their minds to the challenges while having fun and building team cohesion.

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| <ul style="list-style-type: none">• <i>Jockey & Stilts</i>• <i>Water column madness</i>• <i>Blow dart Brilliance</i>• <i>Conveyor belt</i> | <ul style="list-style-type: none">• <i>Bucket Bounce</i>• <i>Blanket Carry</i>• <i>Toxic Waste</i>• <i>Puzzle it up</i> |
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Riverside Water Rocket Challenge

Briefing : 15min

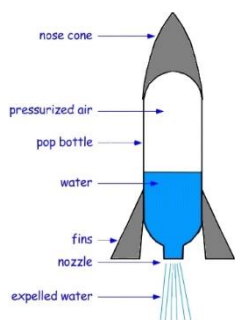
Activity : 60 - 90min

Launch 45 min Depending on Group size

Group 5-150

outdoor

This is one of the most exciting and engaging team building events ever. Teams get to compete as they build a working rocket that is sure to impress even the most sceptical of participants. Teams go through the challenging exercise of having to follow the instructions on how to build this impressive flying machine. They learn the importance of time management, delegation, teamwork and incorporate all their inputs to finally report to the launch pad with their unique model, ready to take on the other teams and possibly set a new record for the highest water Rocket launch.



Please Contact Matthew or Valerie to book a day of greatness.

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